

Nährwertangaben

Bowls	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
Sweet Beets Bowl	Sojabohnen, Senf, Sesamsamen	Vegetarisch	2,729.9	651.8	29.3	21.2	81.3	7.8
Golden Harvest Bowl	Senf		2,971.6	707.8	39.2	19.8	91.2	8.5
Indian Garden Bowl	Nüsse, Senf, Sesamsamen		4,273.5	1,021.4	72.2	29.3	114.2	7.8
French Winter Bowl	Milch, Nüsse, Senf	Vegetarisch	3,939.9	942.9	41.0	31.7	120.8	8.1

Salate	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
Lime Caesar Salad	Milch, Senf		1,532.6	366.1	40.5	19.3	8.5	4.7
Endless Summer Salad	Nüsse, Sojabohnen, Milch, Senf, Sesamsamen	Vegetarisch	1,706.1	409.3	19.3	25.2	25.8	2.6
Green Heaven Salad	Gluten, Sojabohnen, Senf, Sesamsamen	Vegan	1,655.0	395.6	12.0	23.4	27.8	4.0
Southern Farmhouse Salad	Erdnüsse, Milch, Nüsse, Senf	Vegetarisch	1,710.2	408.2	14.8	16.8	49.5	3.8

Curries	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
Yellow Thai Curry	Gluten, Sojabohnen, Sesamsamen	Vegan	4,426.2	1,057.1	35.8	35.7	140.8	12.0
Red Thai Curry	Gluten, Sojabohnen, Sesamsamen	Vegan	4,443.0	1,061.0	35.9	35.6	142.4	13.0

Wraps	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
Belle Marie Wrap	Gluten, Milch, Nüsse	Vegetarisch	2,174.1	518.6	17.1	19.8	66.7	3.8
Crunchy Caesar Wrap	Gluten, Sojabohnen, Milch		2,470.1	588.2	45.4	22.8	50.1	6.1
Italian Olive Wrap	Gluten, Milch, Sesamsamen	Vegetarisch	2,957.7	706.0	21.5	40.7	57.6	6.0

Starters & Snacks	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
Sweet Potato Fries	Milch	Vegetarisch	2,140.4	510.9	4.4	21.8	75.6	10.8
Carrot-Ginger-Coco Soup	Sesamsamen	Vegan	1,626.1	393.0	4.1	34.6	14.0	4.6
Purple Elephant Raw Bar-Coconut	Gluten, Erdnüsse, Sojabohnen, Milch, Sesamsamen	Vegan	1,043.0	250.0	3.9	14.7	24.0	0.2
Purple Elephant Raw Bar-Fruit	Gluten, Erdnüsse, Sojabohnen, Milch, Sesamsamen	Vegan	1,065.0	253.0	7.5	16.0	16.5	0.0
Purple Elephant Raw Bar-Hazelnut	Gluten, Erdnüsse, Sojabohnen, Milch, Sesamsamen	Vegan	1,232.0	297.0	9.1	23.0	11.5	0.1
Blattgold Mixed Salad	Sojabohnen, Senf, Sesam	Vegan	885.2	212.0	8.6	13.0	14.8	2.4

Extras	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
5 knusprige Falafel	Gluten	Vegan	789.5	189.0	4.7	9.2	20.3	1.0
Chili (Extra Scharf)			47.8	11.4	0.4	0.5	1.0	0.0
Gegrilltes Hendlbrustfilet			684.0	163.5	27.6	6.0	0.1	2.9
Knuspriger Halloumi	Milch	Vegetarisch	1,972.0	479.2	27.6	40.0	2.4	3.6
Sesam-Avocado	Sesamsamen	Vegan	536.5	128.1	1.4	11.1	2.7	0.0
Grana Padano	Milch	Vegetarisch	466.5	111.4	9.2	8.1	0.0	0.4
Ziegenkäse	Milch	Vegetarisch	483.2	116.4	8.0	9.2	0.4	0.0
Gegrilltes Hendlbrustfilet		Vegan	684.0	163.5	27.6	6.0	0.1	2.9
Extra Portion Curry Reis			1,899.7	447.0	8.5	0.5	102.1	2.5
Glutenfreier Wrap			1,006.0	239.0	5.7	5.0	39.0	0.8
Grilled Beef			837.8	200.2	26.9	10.4	0.0	2.0

Smoothies & Desserts	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
Red Berries Chia Pudding	Nüsse	Vegan	1,682.8	403.4	5.9	14.8	55.3	0.2
Sweet Vitamins Smoothie		Vegan	1,157.6	275.0	2.9	0.9	54.0	0.0
Yellow Sunshine Smoothie		Vegan	1,112.2	263.2	0.7	0.2	36.0	0.0
Deep Chocolate Brownie	Gluten, Eier, Erdnüsse, Milch, Nüsse	Vegetarisch	1,682.8	401.1	5.9	14.8	55.3	0.2

Getränke	Allergene		kJ	kCal	Eiweiß	Fett	Kohlenhydrate	Salz
Lovely Lemon-Ginger Lemonade 0,5l		Vegan	751.4	179.2	0.3	0.1	44.2	0.1
Stiegl Goldbräu 0,33l	Gluten	Vegan	600.6	141.9	3.0	0.0	9.3	0.0
Gösser NaturRadler Zitrone 0,33l	Gluten	Vegan	528.0	125.4	0.0	0.0	0.0	0.0
Gösser Alkoholfrei 0,33l	Gluten	Vegan	376.2	89.1	0.0	0.0	18.8	0.0
Gösser Märzen 0,33l	Gluten	Vegan	590.7	141.9	0.0	0.0	0.0	0.0
Vöslauer ohne 0,33l		Vegan	0.0	0.0	0.0	0.0	0.0	0.0
Vöslauer Prickelnd 0,33l		Vegan	0.0	0.0	0.0	0.0	0.0	0.0
Fritz MischMasch Kola-Orangen-Limonade 0,33l		Vegan	567.6	135.3	0.0	0.0	32.7	0.0
Fritz-Kola 0,33l		Vegan	590.7	138.6	0.0	0.0	36.3	0.0
Fritz-Spritz Bio-Apfelsaftchorle 0,33l		Vegan	399.3	92.4	0.0	0.0	23.4	0.0
Fritz-Limo Zitronenlimonade 0,33l		Vegan	27.1	112.2	0.0	0.0	27.1	0.0
Fritz-Spritz Bio-Rhabarbersaftchorle 0,33l		Vegan	402.6	95.7	0.0	0.0	23.1	0.0